



Our response to the Coronavirus Disease 2019

9/10/2020 Update:

Dear family and friends,

As the Coronavirus (COVID-19) pandemic evolves, our associates continue to be focused on promoting the safety and the well-being of our residents. As state restrictions have lifted, and where permissible by applicable local agencies, we have resumed activity and dining programs in small groups while practicing social distancing. Where permitted, outdoor visitation is now occurring so our residents and their family and friends may enjoy each other's company. We greatly appreciate the support of resident, friends, and families in following infection control protocols. When visiting the community, please continue to pre-screen yourself for common COVID-19 symptoms, wear a mask, socially distance, and practice hand hygiene. Our company continues to embrace technology solutions for connecting family and friends and to support telehealth visits for our residents. Our "White Glove Confident Clean" program includes important disinfecting and cleaning protocols to provide our residents and families with peace of mind.

For prospective residents that want to join our family, we have established outdoor information areas that allow for an in-person visit with management team members. Each community also has an enhanced virtual tour on their website.

It's important to note that things can change quickly in the current environment, which may temporarily change activities, dining and visitation policies. For any clarifications, please reach out to the community directly. It will be our pleasure to answer any questions you may have.

Our vision of instilling "community" throughout the organization and measuring success by our impact on others has never been more important. We remain committed to providing all of our residents with the quality of life they so richly deserve.

For current information on COVID-19, please click on the link below for the CDC website.

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

The Bridges at Bent Creek Reopening Implementation Plan

Requirements for initial reopening

1. To enter the reopening process in step one, the facility must meet all prerequisites as determined by the Department of Human Services
2. To enter the reopening process at step two facility must meet all of the prerequisites and had the absence of any new community onset of Covid 19 cases(resident or staff) for 14 consecutive days since baseline Covid 19 testing.
3. To enter Step 3 there will be an additional 14 days after entering step 2 of no new onset of COVID-19 cases in the community.

Personal Protective Equipment

1. Adequate PPE will be provided to all associates and residents.
2. Inventory will be completed at least two times weekly and ordered as needed to maintain an adequate supply for the entire community.
3. The director of engineering with assistance from the director of health services will monitor the supply.

Testing / Screening

1. All associates and residents that were tested negative prior to June 12, 2020 will be baseline tested for COVID 19 by August 31, 2020. Any associates or residents having a history of a positive will not be retested.
2. Residents will be tested on site using nasopharyngeal testing. The laboratory that will be used is Qualitox in McKees Rocks Pennsylvania.
3. Results of the testing have been returned within 24 -48 hours after test has been sent.
4. Associates will be given the choice of being tested on site or a local testing site. They will be required to provide proof of testing and documentation of results by July 30, 2020.
5. Testing will be ongoing on-site for any resident or associate that presents symptoms after the baseline testing has completed.
6. Associates that decline to be tested will only be permitted to provide care to residents testing positive.
7. Residents that decline to be tested must wear a mask while in the community or in their apartment when a team member must provide close contact care. In the event they would be symptomatic they would be required to quarantine in the room for 14 days. If symptoms worsen they would be sent via ambulance to the ER for assessment.
8. Asymptomatic Associates testing positive will be required to quarantine for 10 days.
9. Symptomatic associates testing positive will be required to quarantine for 14-20 days and be asymptomatic for 24 hours.
10. A form will be required to be completed by the physician indicating no symptoms or level of symptoms experienced to determine time frame of return.
11. All associates are screened at the beginning of their shift including temperature taken. Temperature will also be taking at the end of their shift.

12. All residents are screened initially then monitored for symptoms daily. Temperature and O2 stats will be taken daily. Temperature above 99.6 will result in a resident being placed in isolation, monitored with temps taken 3 times daily and a Covid 19 test ordered. Isolation will continue for 14 days or until a Covid 19 negative test result is received.
13. If there is a new confirmed case of COVID-19 in any associate or any facility-onset of Covid 19 infection in a resident follow-up testing for anyone in contact with resident will occur and residents will be monitored for signs and symptoms of the virus.
14. Testing would be available for any exposed non-essential staff and or volunteer.
15. Non-essential staff and volunteers should provide documentation of a negative COVID 19 test prior to returning to the community during reopening phase.

Testing protocol

1. Orders will be requested /received from a physician.
2. Consent will be signed by the resident or their power of attorney.
3. If performed on-site the testing will be completed by an LPN or RN wearing gloves, face protection, and 95 mask and gown. An additional trained associate will be present also in appropriate PPE to assist with specimen collection and documentation.
4. Facemasks should be changed if coughed or sneezed upon or if otherwise soiled. Gloves must be changed between each specimen collection with hand hygiene performed with each glove change.
5. Specimen will be immediately scheduled for pickup and sent to the laboratory for testing.
6. Residents admitted to the hospital or rehabilitation facility will be required to have a negative test prior to readmission to the community.
7. Residents moving in to the community will be required to have a negative Covid 19 test 48 to 96 hours prior to move in and tested again 24 to 48 hours after
8. The responsibility for this process will be to the Director of Health Services and Executive Director.

Cohort plan for residents diagnosed with /potentially exposed to Covid 19

1. COVID + test (Red Zone): residents with a positive SARS-CoV-2 PCR test and still within the parameters for transmission-based precautions will be separated from the other residents and care will be provided by dedicated staff wearing gowns, goggles or face shields, gloves and an 95 mask or Kn95 mask.
2. COVID – test potentially exposed (Yellow Zone): residents with a negative SARS-CoV-2 PCR test who remain asymptomatic but are within 14 days of possible exposure to COVID-19. These residents if able must remain quarantined in their apartment and full PPE will be worn by any associate providing prolonged care or contact in this apartment.
3. Unexposed (Green Zone): any resident in the facility who was not tested and is thought to be unexposed to COVID-19.
4. The red zone will be clearly marked and only accessible by designated staff.

5. Residents identified as potentially exposed will have PPE station outside of their apartment and yellow signs indicating isolation clearly marked on their door.
6. All high touch areas will be disinfected on each shift. When available the electrostatic sprayer will be used to prevent further contamination in the red zone.
7. In the event a laboratory reports an inconclusive or indeterminant result for SARSCoV-2 PCR testing. For residents with these results, specimen collection will be repeated as soon as possible. The resident will be cared for as a COVID-potentially exposed resident while awaiting repeat test results.
8. As staffing permits team members will be assigned to the same residents during the scheduled time.

Staffing

1. Adequate staffing will be maintained to provide care to current residents.
2. Staffing agency will be contacted prior and used in the event a staffing shortage would occur due to positive cases.
3. Staffing below regulatory requirements will be reported to the Bureau of human services licensing.

Communal Dining

1. Dining services will be provided in multiple areas of the community in order to timely provide meals to all residents unexposed to Covid 19.
2. Residents will be seated at individual tables spaced at least 6 feet apart or 2 to a table separated by a Plexiglas barrier.
3. Couples and roommates may dine at the same table.
4. Residents will be required/prompted/assisted to wear a mask to and from the dining room
5. Hand sanitizer station will be provided at the designated entrance of the dining room. Staff will prompt residents to sanitize prior to entering.
6. Residents will exit at the designated door and will be encouraged to use hand sanitizer upon exiting.
7. Meals will be served by staff wearing appropriate PPE (masks, gloves, eye protection)
8. Tables will be bussed at the end of the meal after all residents have exited.
9. Tables and chairs will be cleaned with an approved cleaner and then sanitized prior to the next seating.
10. Residents that decline to have their meal in the dining room, are currently positive or potentially exposed will be provided a tray to their apartment using disposable product by designated staff.
11. Tray delivery will be to unexposed residents first, then potentially exposed second.

Visitation

1. Visitation will begin no later than 28 days after the date the county moved into the green phase and all other prerequisite criteria are met. An additional 10 days is allowable if needed to address the risk and convection of the community's current situation.
2. Visitation will be prioritized for residents with diseases that cause progressive cognitive decline and residents expressing feelings of loneliness.
3. Visitation hours of 9 AM to 6 PM will be provided to ensure that visitation at the community remains safe and able to be monitored.
4. Visitors requesting hours outside of this time must contact the community to make prior arrangements.
5. Outside visitation will be scheduled in various areas. Visitors and residents will be required to wear a mask during the visit. Coverage from inclement or excessive weather will be provided for outdoor visitation. This may be a canopy, shade or porch visit.
6. All visitors will be screened using Accu Shield, assistance provided by staff to monitor visitation, sanitize visitation areas after each visit and assist with movement of residents and visitors to assure a 6 ft social distancing is maintained.
7. Visitors will be denied access if they do not pass the screening.
8. Hand sanitizer will be accessible and provided to each visitor.
9. Residents may have two visitors per day for residents who can safely accept visitors.
10. Facemask will be provided to residents. Visitors are required to wear a mask to the community and during the entire visit.
11. Visitors are requested to only interact with the resident they are visiting. This is to be able to accurately trace back any potential contacts a resident may have in the event of an outbreak of the virus.
12. Children are permitted to visit when accompanied by an adult visitor. Adult visitors must be able to manage the children, and children older than two years of age must wear a face mask during the entire visit. Children must also maintain strict social distancing.
13. Visitors must stay in designated facility visitation area
14. All visitors must sign out upon departure.
15. Indoor visitation is allowed in an area to be designated by the community. Visitation in the resident's room is permitted only if the resident is unable to be transported to designated area.
16. Visitation is not permitted during mealtimes.

Activities

1. Step one limited activities may be conducted with no more than five residents unexposed to Covid 19 with social distancing, hygiene and universal masking are required.
2. Step two limited activities may be conducted with no more than 10 residents unexposed to Covid 19. Social distancing, hand hygiene and universal masking are required
3. Step three activities may be conducted with residents unexposed to Covid 19. Social distancing, hand hygiene and universal masking are required.
4. Outings are allowed only for residents unexposed to Covid 19 and limited to no more than the number of people where social distancing between residents can be maintained.

Salon services

1. Services will be able to be reopened in step 2 of the DHS plan for residents unexposed to COVID 19.
2. A maximum of two unexposed residents may occupy the salon at one time.
3. Social distancing of 6 feet from other residents and a mask will be required while receiving services
4. Residents hands will be sanitized upon entering and exiting the salon
5. The salon staff will be wearing appropriate PPE and be screened upon entering and exiting the community.
6. The frequently touched surfaces in the salon will be sanitized between residents.

Incidents that would halt the community's reopening plan and or revert back to quarantine

1. In the event Cumberland County would revert back to the red phase of the Governor's reopening plan all current activity that is not essential will be placed on hold.
2. At any point there is a new community onset of COVID 19 cases the facility must cease reopening plans relating to visitors and dining for a minimum of a 14 day period.